COVID-19 Confirmed Case
Contact Directives

What to do

The Toledo Lucas County Health Department has confirmed through the Ohio Department of Health, a positive test of COVID-19.

If you had **direct and prolonged contact** with a confirmed COVID-19 case, you should immediately quarantine at home for **14 days from the date of exposure**. Monitor your symptoms.

Minor or moderate symptoms can be treated with over the counter medications, plenty of fluids and rest, just as you would with severe flu. If symptoms worsen, you should seek medical attention.

Should you need to visit the emergency room, please call ahead for directions. Should your symptoms be severe enough to call 911, please alert the 911 operator you were in direct contact with a confirmed COVID-19 patient.

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**24/7 Nurse Informational Hotline**
- 419-251-4000 (English only)
- 419-291-5355 (Multilingual)

Released 3-20-2020. More information at lucascountyhealth.com/covid-19